

# polanik<sup>®</sup> we help to win

## polanik athletics collection

A wide range of  
the athletics shoes  
and not only...  
pages 10-15

Win gold medals only  
in Polanik golden spikes!  
page 11

Professional sports sunglasses  
– protecton for your eyes  
during the outdoor training  
page 8



Polanik  
the partner and supplier  
of the Polish Athletic Association



Polanik  
the official supplier  
of the Czech Athletic Federation



Polanik  
the partner of the Polish  
Veterans Athletic Association

## competition top



CODE TSDS/D/004/PR

DESC. black-red,  
from M to XL

Perfectly fitted to women's figure. A special fabric ensures good body ventilation and keeps skin dry even during intensive training. Soft flatlock seams eliminate skin grazes and anti-slip rubbers in bottom ensure comfort and better grip even while the most extreme training.

## competition shorts



CODE SSDS/D/004/PR

DESC. black-red,  
from S to XL

Light, perfectly fitted to a body. Flatlock seams guarantee comfort and full freedom of movements. Contrasting colours, reflective Polanik logo, complies with the IAAF regulations, aside the shorts.

## competition singlet



**ions of silver**

**DrySystem®**

CODE KDS/D/001/PR  
KZS/D/007/PD  
KZS/D/004/PD

DESC. black-red,  
from S to XXL  
white  
from M to XXL  
black  
from M to XXL

Flexible, does not restrict movements. Flatlock seams eliminate skin grazes. Model made of DrySystem® fabric guarantees great body ventilation and wicks moisture outside. Thanks to "ions of silver" the ZenSystem® singlet is antibacterial, and anti-odour.

## competition leggings



**ions of silver**

**DrySystem®**

CODE LSDS/D/004/PR  
LSZS/D/004/PD

DESC. black-red  
from M to XXL  
black,  
from M to XXL

Flexible, does not restrict movements even during the most intensive training. The DrySystem® fabric guarantees great body ventilation and wicks moisture outside. Thanks to "ions of silver" the ZenSystem® leggings are antibacterial and anti-odour.



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*athletics*  
*collection*

## training tank top



**ions of silver**

CODE BZS/D/007/PD  
BZS/D/004/PD

DESC. white, black,  
from M to XXL

Very elastic and springy. Flatlock seams eliminate skin grazes. Thanks to "ions of silver" in the ZenSystem® fabric the top is antibacterial and anti-odour.

## training t-shirt



**ions of silver**

CODE TSS/D/007/PD  
TSS/D/004/PD

DESC. white, black,  
from S to XXL

Designed for various physical activities, light and springy. Delicate in touch. Made of SubtleSystem® fabric. The "ions of silver" in the yarn protect against bacteria and odour.

## training jacket



**ions of silver**

CODE BLWS/D/004/PD

DESC. black,  
from S to XXL

A smooth pile on the surface gives soft, velvet-like touch. The jacket provides great thermal comfort. The "ions of silver" in WarmSystem® fabric protect against bacteria and odour.

## training leggings and pants



**ions of silver**

**ions of silver**

CODE LZS/D/004/PD  
LWS/D/004/PD  
SWS/D/004/PD

DESC. ZenSystem®  
from M to XXL  
WarmSystem®,  
from M to XXL  
from S to XXL,  
height 164 - 188

Leggings in two types of fabric: ZenSystem® for warm days and WarmSystem® for chilly days. The pants are made of WarmSystem® fabric. Both materials enriched with „ions of silver“.



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**athletics**  
collection

## sprint suit



**DrySystem®**

CODE SSDS/M/004/PR

DESC. black-red,  
from S to XL

Smoothly fits to the body, anatomically placed mesh fabric panels secure ventilation. Soft flatlock seams eliminate skin grazes.

## competition singlet



**DrySystem®**

CODE KDS/M/001/PR

DESC. red-black,  
from S to XXL

Flexible, does not restrict movements. Flatlock seams eliminate skin grazes. Thanks to DrySystem® fabric it guarantees great body ventilation and wicks moisture outside.

## competition singlet



**ions of silver**

CODE KZS/M/007/PD  
KZS/M/004/PD

DESC. white, black,  
from S to XXL

Flexible, does not restrict movements. Flatlock seams eliminate skin grazes. The "ions of silver" in the ZenSystem® fabric protect against bacteria and odour.

## competition leggings



**DrySystem®**

**ions of silver**

CODE LSDS/M/004/PR  
LSZS/M/004/PD

DESC. black-red,  
from S to XXL  
black,  
from S to XXL

Flexible, does not restrict movements even during the most intensive training. The DrySystem® fabric guarantees great body ventilation and wicks moisture outside. Thanks to "ions of silver" the ZenSystem® leggings are antibacterial and anti-odour.



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**athletics**  
**collection**

## training tank top



**ions of silver**

**CODE** BZS/M/007/PD  
BZS/M/004/PD

**DESC.** white, black,  
from S to XXL

Very elastic and springy. Flatlock seams eliminate skin grazes. Thanks to "ions of silver" in the ZenSystem® fabric the top is antibacterial and anti-odour.

## training t-shirt



**ions of silver**

**CODE** TSS/M/007/PD  
TSS/M/004/PD

**DESC.** white, black,  
from S to XXL

Designed for various physical activities, light and springy. Delicate in touch. Made of SubtleSystem® fabric. The "ions of silver" in the yarn protect against bacteria and odour.

## training jacket



**ions of silver**

**CODE** BLWS/M/004/PD

**DESC.** black,  
from S and M

A smooth pile on the surface gives soft, velvet-like touch. The jacket provides great thermal comfort. The "ions of silver" in WarmSystem® fabric protect against bacteria and odour.

## training leggings and pants



**ions of silver**

**ions of silver**

**CODE** LZS/M/004/PD  
LWS/M/004/PD  
SWS/M/004/PD

**DESC.** ZenSystem®,  
from S to XXL  
WarmSystem®,  
from S to XXL  
from S to XXL  
height 170 - 188

Leggings in two types of fabric: ZenSystem® for warm days and WarmSystem® for chilly days. The pants are made of WarmSystem® fabric. Both materials enriched with „ions of silver“.

## sports tube bandana



**NEW!**

CODE TB001/16  
TB002/16  
TB006/15

DESC. red  
blue  
yellow

Multifunctional sports bandana Polanik. Thin and flexible fabric, ensures maximum of comfort and variety of use.

## winter bandana



**NEW!**

CODE TB004/16

DESC. black

Multifunctional sports bandana Polanik. Very warm and soft, thin fabric was enriched with special fleece.

## running headband



CODE OB15/004

DESC. black,  
one size

Warm and lightweight, provides thermal comfort during autumn and winter trainings. Designed to protect ears.

## running beanie



CODE CB15/004

DESC. black,  
one size

Nice velvet-touch material inside provides excellent thermal comfort. Thicker material at the height of the ears for even better protection.

## Coolmax cap



CODE CBC/001  
CBC/004

DESC. red  
black

Made of lightweight and breathable material. Velcro adjustable width. Moisture-wicking headband inside the cap.

## sports sunglasses



**NEW!**

CODE OS004/17  
OS006/17

DESC. black  
yellow

Professional sports sunglasses for running, cycling etc. Made of very light material. Aerodynamic half-frame design offers an ideal fit to the face. UV protection. Venting system provides perfect ventilation.

## ultralight running jacket



CODE KBU14/001  
KBU14/002

DESC. red, unisex  
blue, unisex

For running and biking. Protects against wind and rain. The hood hidden in the collar. Zipped pocket inside jacket, outside two pockets. Unisex.

## sports socks



CODE SS004  
SC004  
SK002  
SK004

DESC. white, quarter, size from 35 to 47  
black, quarter, size from 35 to 47  
white, no show, size from 35 to 47  
black, no show, size from 35 to 47

Used for intensive training. Soft, no pinching seam ensures comfort. The use of special Prolen® Siltex yarn provides natural skin balance.

## training water bottle Tritan



CODE BT002/14

DESC. blue

Very lightweight, made of durable material Tritan which is ecofriendly. The bottle doesn't keep any smells. Capacity 750 ml.

## drawstring bag

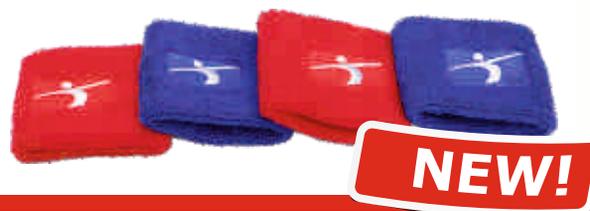


CODE WS/001

DESC. red

Indispensable to the bare essentials for competitions and training. It easily fits shoes, sports clothes or bottle.

## sports wristbands



CODE FS14/001  
FS16/002

DESC. red  
black

Very well absorb sweat and keep your wrists warm. Flexible, no constricting. Width 6,5 cm. Packed in pairs.

## accessories for spikes



key  
for spikes

kod: KS  
Universal key for spikes.



spare spikes  
6, 9, 12 mm

kod: CT-6, P-9, P-12  
Universal thread. The length  
is chosen to the surface.

## ice grippers for runners

kod: IG



Provide better traction, confidence and safety on packed snow or ice. Perfect for runners. Quick and easy on & off. Available sizes from S-XL.



**SPORTS FOOTWEAR**



## sprint spikes model P2607AP

The best for distances from 60 up to 400 metres, suitable for longer distances and also for long jump and triple jump competitions.

### Upper

- made of synthetic fiber and PU leather
- breathable mesh provides excellent ventilation

### Sole

- perfectly shaped, made of special EVA rubber
- seven replaceable spikes in the stiffened and strengthened front part
- lightweight and tight-fitting
- optimal positioning of spikes provides maximum power, speed and traction
- the set of spare spikes and key included
- sizes: 36 – 46



**NEW!**

## sprint spikes model P2107DP

The best for distances from 60 up to 400 metres, suitable for longer distances and also for long jump and triple jump competitions.

### Upper

- made of synthetic fiber and PU leather
- breathable mesh provides excellent ventilation

### Sole

- perfectly shaped, made of special EVA rubber
- seven replaceable spikes in the stiffened and strengthened front part
- lightweight and tight-fitting
- optimal positioning of spikes provides maximum power, speed and traction
- the set of spare spikes and key included
- sizes: 36 – 46



**NEW!**

## sprint spikes model P71001-AP

The best for distances from 60 up to 400 metres, suitable for longer distances and also for long jump and triple jump competitions.

### Upper

- made of synthetic fiber and PU leather
- breathable mesh provides excellent ventilation
- forefoot strap enhances lockdown for optimal power transfer

### Sole

- perfectly shaped, made of special EVA rubber
- seven replaceable spikes in the stiffened and strengthened front part
- lightweight and tight-fitting
- optimal positioning of spikes provides maximum power, speed and traction
- the set of spare spikes and key included
- sizes: 36 – 46



**NEW!**

## spike shoes for medium and long distances model PD5611AP

The best for medium distances (800 - 1 500 metres) up to long distances (3 000, 5 000 and 10 000 metres).

### Upper

- made of synthetic fiber and PU leather.
- panels of breathable mesh provide excellent thermoregulation

### Sole

- made of special EVA rubber which provides appropriate amortization and protection
- low weight and optimal configuration of spikes ensure maximum power, speed and traction
- the set of spare spikes and key included
- sizes: 36 - 46



## spike shoes for medium and long distances model P2101BP

The best for medium distances (800 - 1 500 metres) up to long distances (3 000, 5 000 and 10 000 metres).

### Upper

- made of synthetic fiber and PU leather
- panels of breathable mesh provide excellent thermoregulation

### Sole

- made of special EVA rubber which provides appropriate amortization and protection
- low weight and optimal configuration of spikes ensure maximum power, speed and traction
- the set of spare spikes and key included
- sizes: 36 - 47



## long jump spikes model T2101AP

### Upper

- made of synthetic fiber and PU leather

### Sole

- made of EVA rubber which adapts to foot shape
- strengthened part of the shoe in heels area provides additional amortization during landing
- optimal configuration of replaceable spikes in the front part ensures maximum grip
- the set of spare spikes and key included
- sizes: 36 - 46



## spikes for triple jump and pole vault model T3101BP

The best for long jump and triple jump, also suitable for pole vault.

### Upper

- made of synthetic fiber and PU leather
- forefoot strap enhances lockdown for optimal power transfer

### Sole

- made of EVA rubber which adapts to foot shape
- optimal configuration of nine replaceable spikes in the front part ensures maximum grip and additional strength during take off
- the set of spare spikes and key included
- sizes: 36 - 46



## high jump spikes model T2003P

### Upper

- made of synthetic fiber and PU leather
- panels of breathable mesh provide excellent thermoregulation

### Sole

- made of EVA rubber which adapts to foot shape
- seven replaceable spikes in the front part of the sole and four in the back provide better grip
- the set of spare spikes and key included
- sizes: 36 - 46



## javelin spikes model 503-02P

### Upper

- made of synthetic fiber and PU leather
- panels of breathable mesh provide excellent thermoregulation
- hook and loop closure system offers customized supportive fit, which protects foot during the throw phase and supports it during incredible overload

### Sole

- made of EVA rubber which adapts to foot shape
- the set of spare spikes and key included
- sizes: 36 – 47



## throwing shoes (shot put, discus, hammer) model 504-03P

**Universal for throwing disciplines (shot put, discus, hammer), engineered to work with both the glide and spin techniques.**

### Upper

- made of synthetic fiber and PU leather
- 2 forefoot straps enhance lockdown for optimal power transfer and prevent foot from moving inside

### Sole

- made of EVA rubber which adapts to foot shape and guarantees comfort during the throw phase
- sizes: 36 – 47



## jogging shoes model M5301C

**Ideal for both beginners and more advanced runners.**

### Upper

- made of synthetic fibre and micro fibre
- breathable mesh provides excellent thermoregulation

### Sole

- made of soft, special EVA rubber
- special tread provides good grip
- thickened back part guarantees excellent amortization on hard surface
- sizes: 37 - 43



## jogging shoes model MR5002A

**Ideal for both beginners and more advanced runners.**

### Upper

- made of synthetic fibre and micro fibre
- very lightweight, does not overload the feet
- breathable mesh provides excellent thermoregulation

### Sole

- perfectly shaped, made of special EVA rubber, extremely soft
- provides excellent amortization minimizing great forces acting on joints and muscles while running
- special tread provides good traction
- sizes: 36 - 45



## Wushu shoes model WS2312B

Very light and soft, high quality footwear, ideal for Wushu training. Special cut allows for technically popper kicking that demands different foot pose. Thin rubber sole provides the right feeling of the surface.

### Upper

- made of natural cow leather

### Sole

- made of special black rubber that prevents from sliding
- sizes: 36 – 47



## Taiji shoes model W3200A

High quality, very durable footwear. Relatively light. Simple pattern. Comfortable fit and good grip ensure that every technique and position can be done naturally and correctly.

### Upper

- made of natural cow leather

### Sole

- made of special rubber that prevents from sliding
- sizes: 36 – 45



## boxing shoes model 607-01

Ideal for boxers on all ability levels.

### Upper

- above ankle, made of synthetic fibre and PU leather
- breathable mesh construction for optimal breathability
- slim and lightweight does not overload the feet

### Sole

- made of special EVA rubber that prevents from unexpected sliding
- glued and additionally stitched
- sizes: 36 – 47



## fencing shoes model 5401-02

For professionals and beginners with strengthened heel and sole.

### Upper

- made of natural cow leather and synthetic fibre
- mesh panels ensure excellent thermoregulation and high comfort of use

- extra forefoot cushioning softens each step while the reinforced medial and upper collar adds durability

### Sole

- made of special EVA rubber which is flat, with additional protection (particularly on the heel)
- excellent amortization in the front part of the sole
- tread pattern gives maximal grip
- sizes: 36 - 46



## wrestling shoes model J6211A

Ideal for wrestlers on all ability levels, low weight and good grip.

### Upper

- high ankle, designed to increase their mobility and flexibility
- made of natural cow leather and synthetic fibre
- forefoot strap prevents foot from moving inside the shoe
- open mesh forefoot and tongue help to control heat and moisture
- integrated lace system

### Sole

- made of special EVA rubber that prevents from sliding
- glued and additionally stitched
- sizes: 36 – 47



## wrestling shoes model J6611B

Ideal for wrestlers on all ability levels, low weight and good grip.

### Upper

- high ankle, designed to increase their mobility and flexibility
- made of natural cow leather and synthetic fibre
- forefoot strap prevents foot from moving inside the shoe
- open mesh forefoot and tongue help to control heat and moisture
- integrated lace system

### Sole

- made of special EVA rubber that prevents from sliding
- glued and additionally stitched
- sizes: 36 – 47



## weightlifting shoes model WL9501R

Professional shoes for weightlifting and other strength training during which the lower part of the body is loaded. Ideal for crossfit. They allow to achieve impressive results from trainings to competitions.

### Upper

- made of natural cow leather and synthetic fibre
- 2 midfoot strap for optimum pressure distribution and maximum support
- perforated upper materials for superior breathability

### Sole

- made of TPU rubber
- sizes: 36 – 47



## weightlifting shoes model J1038N

Professional shoes for weightlifting and other strength training during which the lower part of the body is loaded. They allow to achieve impressive results from trainings to competitions.

### Upper

- made of natural cow leather and synthetic fibre
- midfoot strap for optimum pressure distribution and maximum support
- perforated upper materials for superior breathability

### Sole

- made of wood rubber
- wooden heel wedge for stability and durability
- sizes: 36 - 47